

## Ashley's, Jessica's and Monica's story

- Read the stories and report out
- What stressors exist?
- Describe socio-economic status.
- How do you think the girls view themselves?
- Describe her support system?
- If you were Ashley's, Jessica's or Monica's teacher/social worker/counselor, what can you say or do to help her?

# Educational resources

- ▶ Girl, Check that Attitude! Best Practices for Working with Teen Girls with Challenging Attitudes- Angela Gray-Amazon
- ▶ Help! I Have an Attitude Problem. A Self-help book and Journal to Help Teen Girls-Angela Gray-Amazon
- ▶ Mean Girls. 101 Creative Strategies and Activities for Working with Relational Aggression by Allyson Bowen and Kaye Randall
- ▶ Girl Grudges. Learning how to Forgive and Live. Cheryl DeHasega & Shileste Overton Morris
- ▶ Black Girl Blues by Carolyn Strong.
- ▶ 12 Strategies that Will End Female Bullying. Girl Wars. Cheryl Dellasega and Charisse Nixon
- ▶ Mean Chicks, Cliques, and Dirty Tricks by Erika Karres. Ed. D
- ▶ She said What about Me? The Importance of Using Words to be Helpful not Hurtful. K-5<sup>th</sup> grades. Flash cards
- ▶ Therapeutic Conversational Thumbballs
- ▶ No More Excuses: The Workbook for Girls. A Girl's Guide to Womanhood. Robert Jackson.

**Order from [Youthlight.com](http://Youthlight.com)**

### Ashley's story

I am 16 years-old. I live with my mother and 2 younger siblings. We have different fathers. My father is not in my life. The youngest sibling is involved with her father and family. My other sibling doesn't have a relationship with his father either, just his family. I am jealous of my little sister because she has a relationship with her father. Sometimes I take my anger out on her because of it.

My mother was diagnosed with Multiple Sclerosis when I was 11. As a result, she cannot work. She receives a disability check monthly. We also receive a link card. We live in a housing project. It is not the safest but it is home. Our rent is really cheap and I have my own room. When I grow up, I plan to live in the projects like my mother did when she was growing up.

I hate school. I want to drop out but I can't because I am too young. I am in Special Education. I am in the 10<sup>th</sup> grade at a High School. I hate it. I don't like being seen in those classes because people think I am slow. My reading is very low but I am good in Math. I can't stand my teachers. I don't like them and they don't like me.

I also have a disability. I have seizures all the time. I also receive a disability check. I never get any money except to pay the cell phone bills for me and my mother. My mom and I don't get along. She puts me down and calls me names. She likes her other children more than she likes me. I hate her. I wear tight clothes to get attention. I have sex with several grown men. I want to get pregnant so I can have someone to love me. I have had several STD's. I know I won't die or anything. As long as they are cured, I don't care.