**Racial Trauma Resources**

1. Girl, Check that Attitude by Angela Gray-sold on Amazon
2. Help! I Have an Attitude Problem. A Self-Help Journal for Teen Girls by Angela Gray-sold on Amazon
3. Racial Healing Handbook by Anneliese Sigh, Phd
4. Post Traumatic Slave Syndrome by Dr. Joy DeGruy
5. African Americans and Racial Trauma: Etiology and Evidence Based Practices for Culturally Responsive Mental Healthcare
6. Understanding and Addressing Racial Trauma. Kenneth Hardy. PhD. Released in 2021
7. The Ending, Invisible and Ubquitous Centrality of Whiteness: Implications for Clinical Practice and Beyond
8. The Criminalization of Black Girls in Schools. Dr. Monique Morris.
9. My Grandmother’s Hand and Racialized Trauma and the Pathway to Mending Our Hearts and Bodies
10. First of All-Candice Hargons
11. Stamped from the Beginning: The History of Racist Ideas in America. Ibram Kendi
12. <http://centerforhealingracialtrauma.com>